

## **Rachel Kagay Biography**

Rachel Kagay serves as a professional speaker, coach and facilitator through her company, Rachel Kagay Coaching and Consulting. As a Gallup® Certified Strengths Coach, she works with individuals, managers and teams to maximize their impact professionally and deepen their quality of life personally. Rachel grew up in rural Missouri and credits her involvement in church, 4-H and FFA with much of her success. She has been speaking and facilitating to audiences across the Midwest for 13 years. She has a heart for rural Missouri and seeing our communities thrive. Rachel obtained her Bachelor and Master of Science degrees in Agricultural Education from the University of Missouri. She is a resident of Maysville in DeKalb County with her husband Bryant and two young children and enjoys life on their family farm.